

# A Path to Wellness in Taiwan

Taiwan Medical Association

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- Located in East Asia
- Population in Taiwan is approximately 23.4 million
- Mandarin is the official language
- Highly industrialized country
- More than 99.9% of the population are under National Health Insurance

# Wellness

- a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity

# HEALTH IN THE SDG ERA



World Health  
Organization

[WWW.WHO.INT/SDGS](http://WWW.WHO.INT/SDGS)



*Patient-centered*

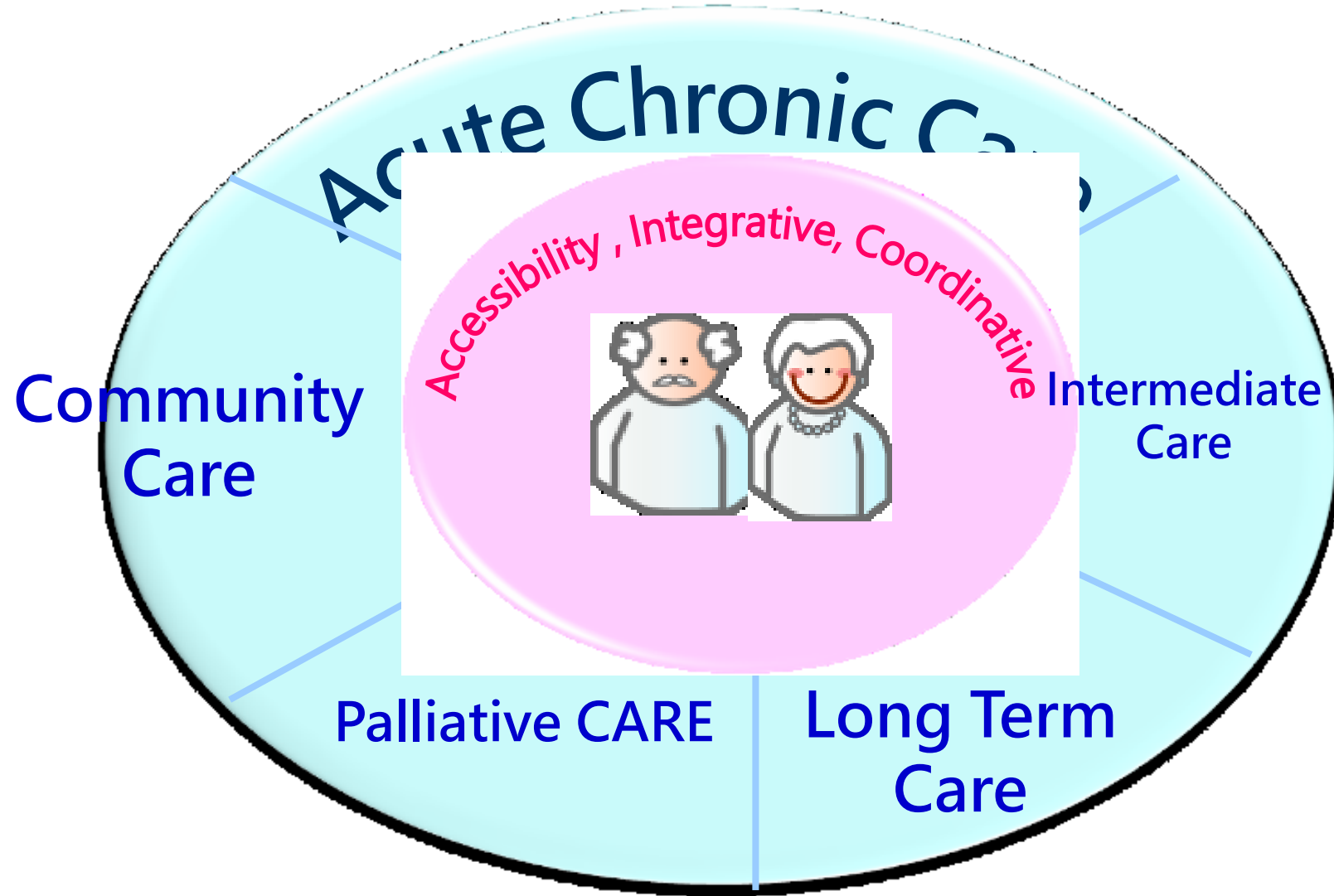
*Family-based*

*Community-oriented holistic care*

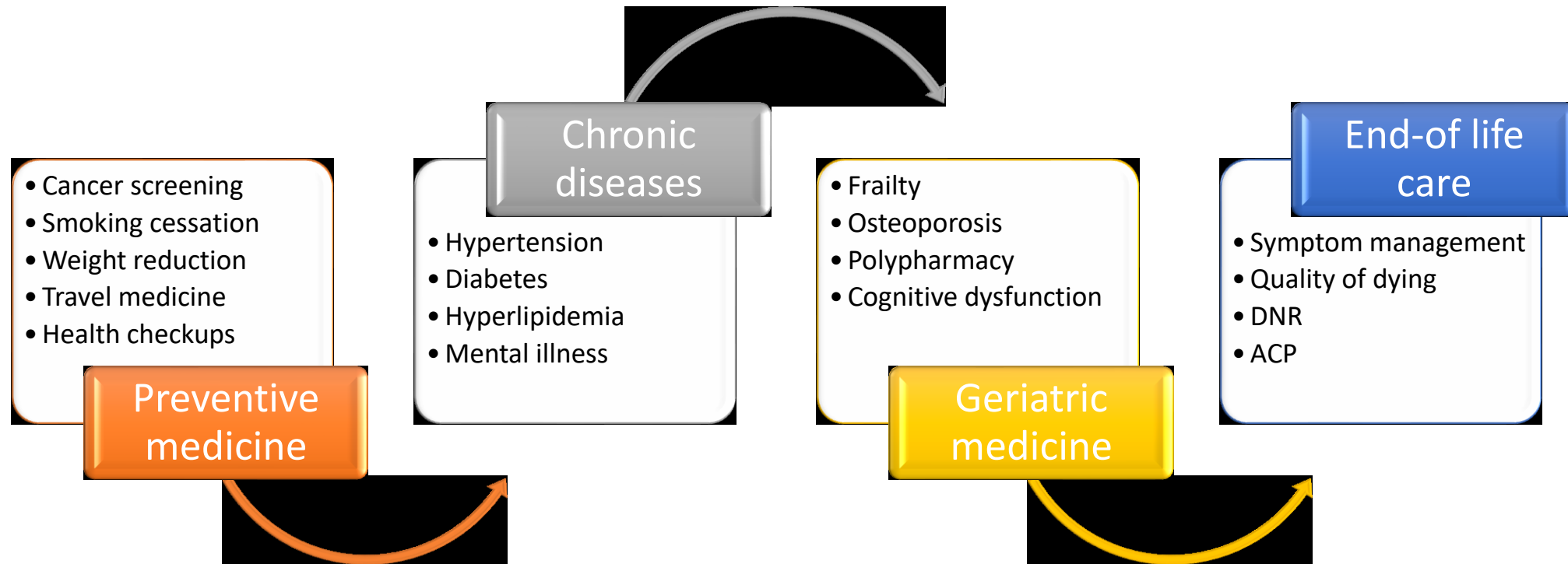
全人、全家、全社區照護



# Comprehensive Care System



# Holistic and Continuous Care



# Taiwan is one of the first countries to implement integrated cancer screening

**Table 1. Recommended activities for early detection of selected cancers**

Site of cancer	Activities for	
	Early diagnosis	Screening
Breast	Yes	Yes <sup>a</sup>
Cervix	Yes	Yes
Colon and rectum	Yes	Yes <sup>b</sup>
Oral cavity	Yes	Yes
Naso-pharynx	Yes	No
Larynx	Yes	No
Lung	No	No
Oesophagus	No	No
Stomach	Yes	No
Skin melanoma	Yes	No
Other skin cancers	Yes	No
Ovary	No	No
Urinary bladder	Yes	No
Prostate	Yes	No
Retinoblastoma	Yes	No
Testis	Yes	No

<sup>a</sup> Screening for breast cancer using mammography is recommended in high-resource settings only.

<sup>b</sup> In high-resource settings only.



# Travel Medicine



# Travel Medicine

Consultation clinic



Mail:  
(reply within 24hrs in work  
day )  
newsouthhealth@gmail.com

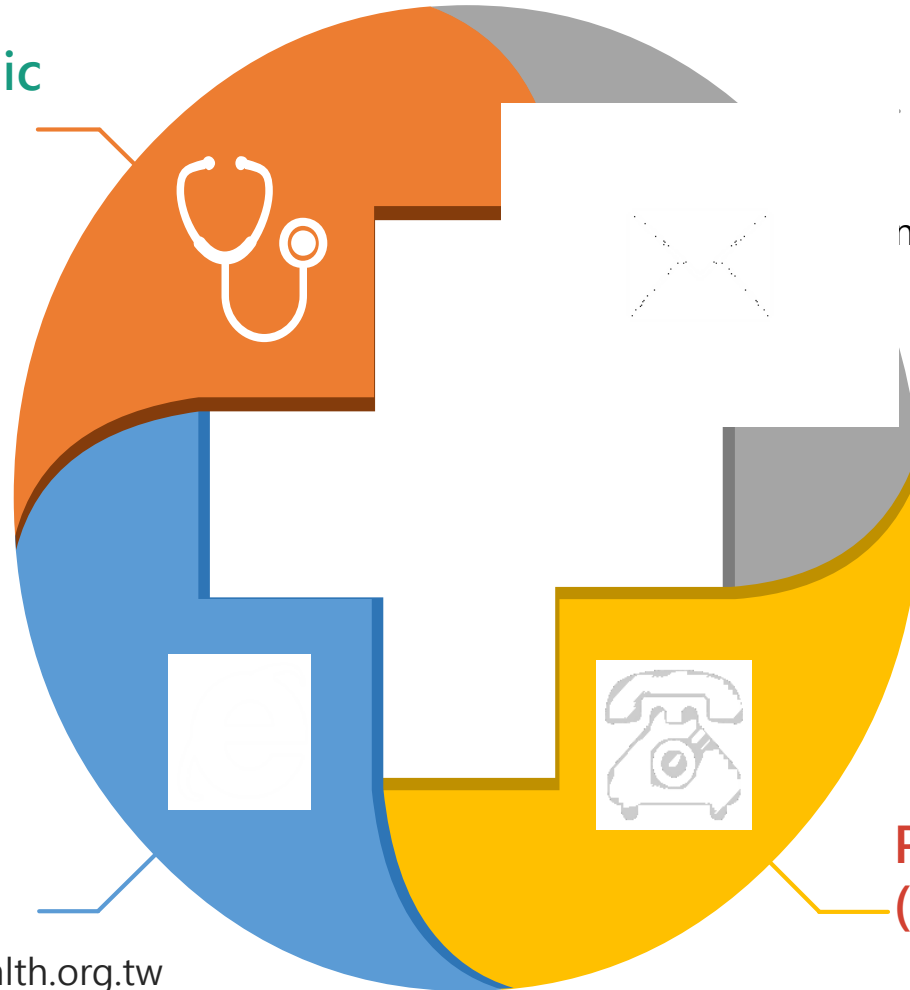


Website

<http://www.newsouthhealth.org.tw>



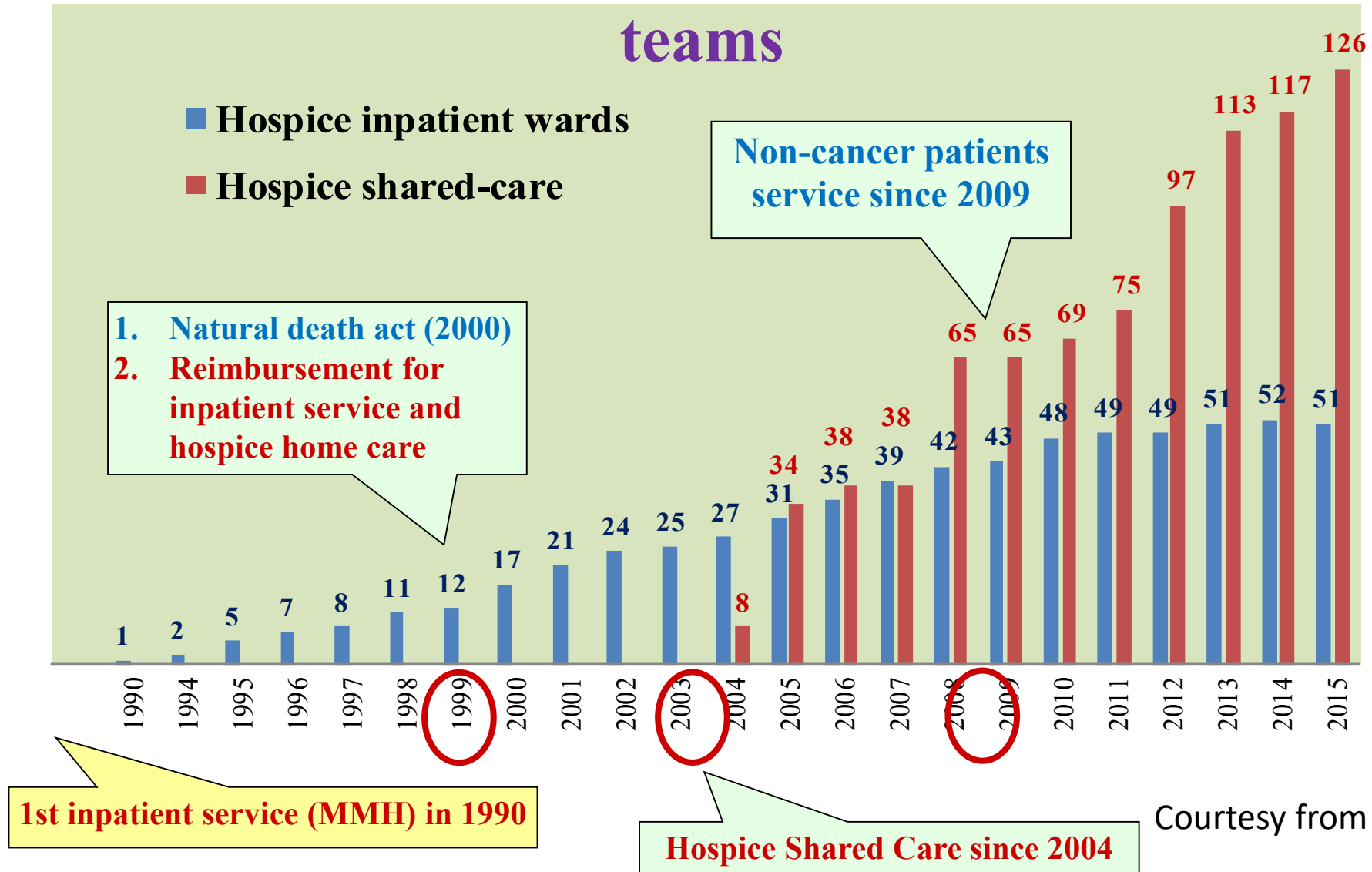
Phone number  
(weekday 9AM-5PM)



# Landmarks of palliative medicine in Taiwan

- Home care in Mackay memorial hospital.....1983
- Inpatient hospice and palliative care unit in Mackay memorial hospital.....1990
- Inpatient hospice and palliative care unit in Taiwan University Hospital.....1995
- Launch of the Natural Death Act.....2000
- Certification of palliative medicine specialist.....2000
- Extension of palliative care to non-cancer patient.....2009
- Passing of the Patient Autonomy Act.....2016

# The numbers and the growth of units of Hospice in-patient wards and shared care teams



Courtesy from Director YW Wang

The  
Economist

Intelligence  
Unit

# The 2015 Quality of Death Index

## Ranking palliative care across the world

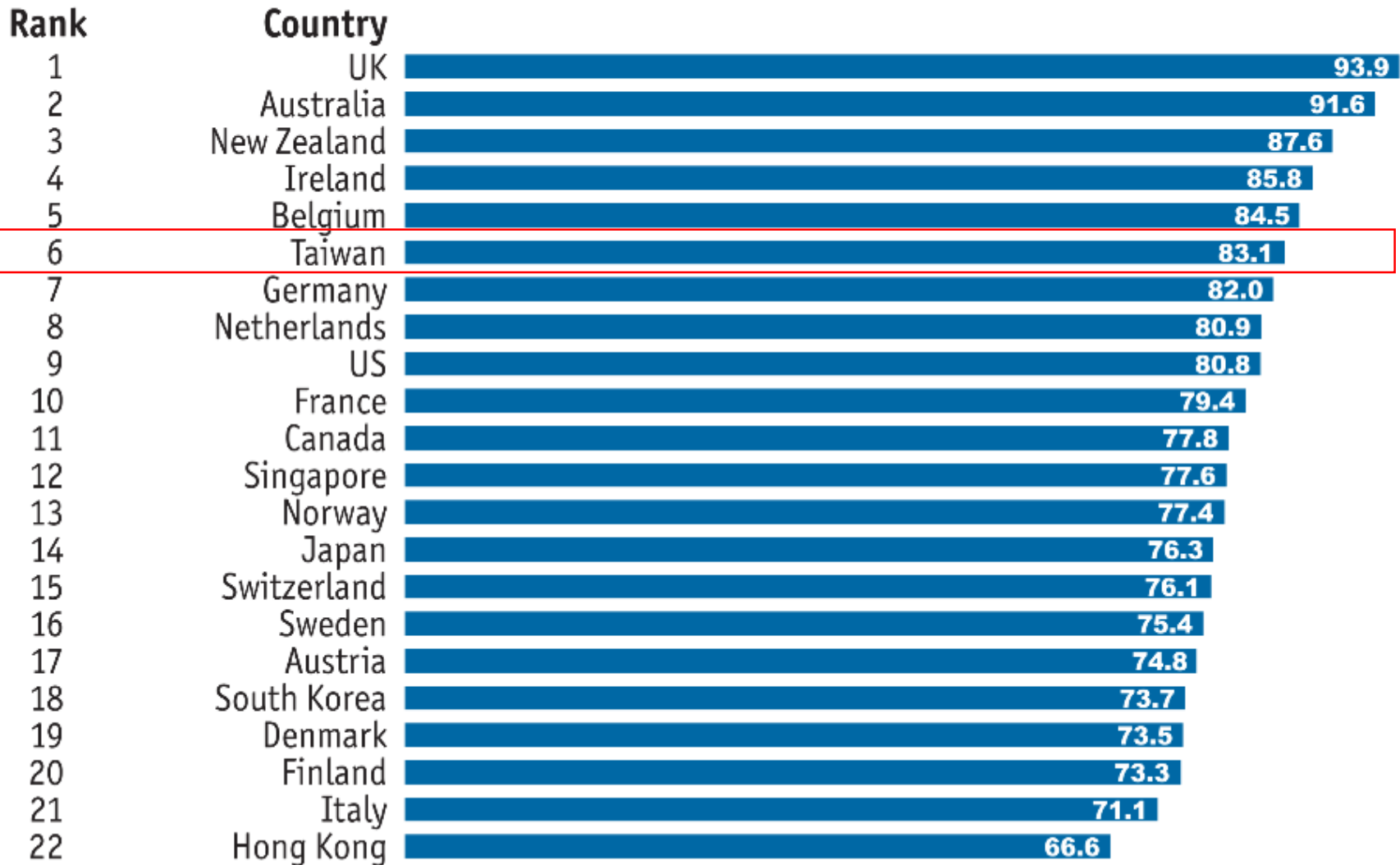
A report by The Economist Intelligence Unit



Commissioned by



## 2015 Quality of Death Index—Overall scores





# Services Provided by Long Term Care Project

## Long-term Care 1.0

- (1) Care services (home service, day care service and foster care).
- (2) Transportation shuttles.
- (3) Meals on wheel services.
- (4) Assistive device, and barrier free built environment.
- (5) Home health care.
- (6) Home and community rehabilitation.
- (7) Respite services.
- (8) Long-term care facilities and services.



## Long-term Care 2.0

Increase the flexibility and expand the services of 1.0.

### Innovation, Integration and Extension to Types of Services

- (9) Dementia care services.
- (10) Integrated Home and Community-Based Services for Aboriginal Area .
- (11) Small-size multi-function services.
- (12) Family care support services.
- (13) Integrated Home and Community-Based Services.
- (14) Community-based Disability Prevention.
- (15) Maintain Function and Slow Disability Progression.
- (16) Hospital Discharge Plan.
- (17) Home Medical Visit.

Courtesy from Professor YM Chen



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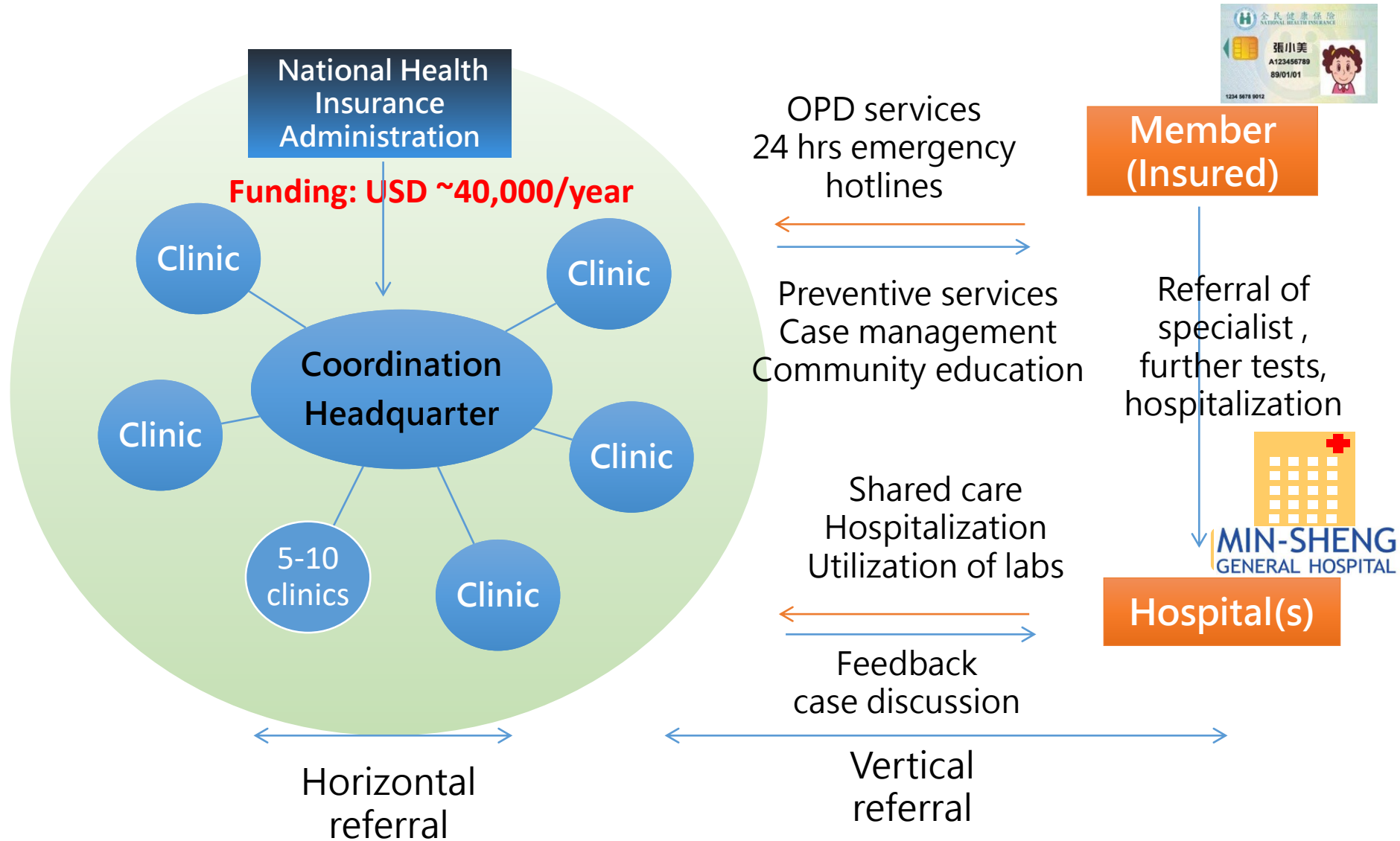
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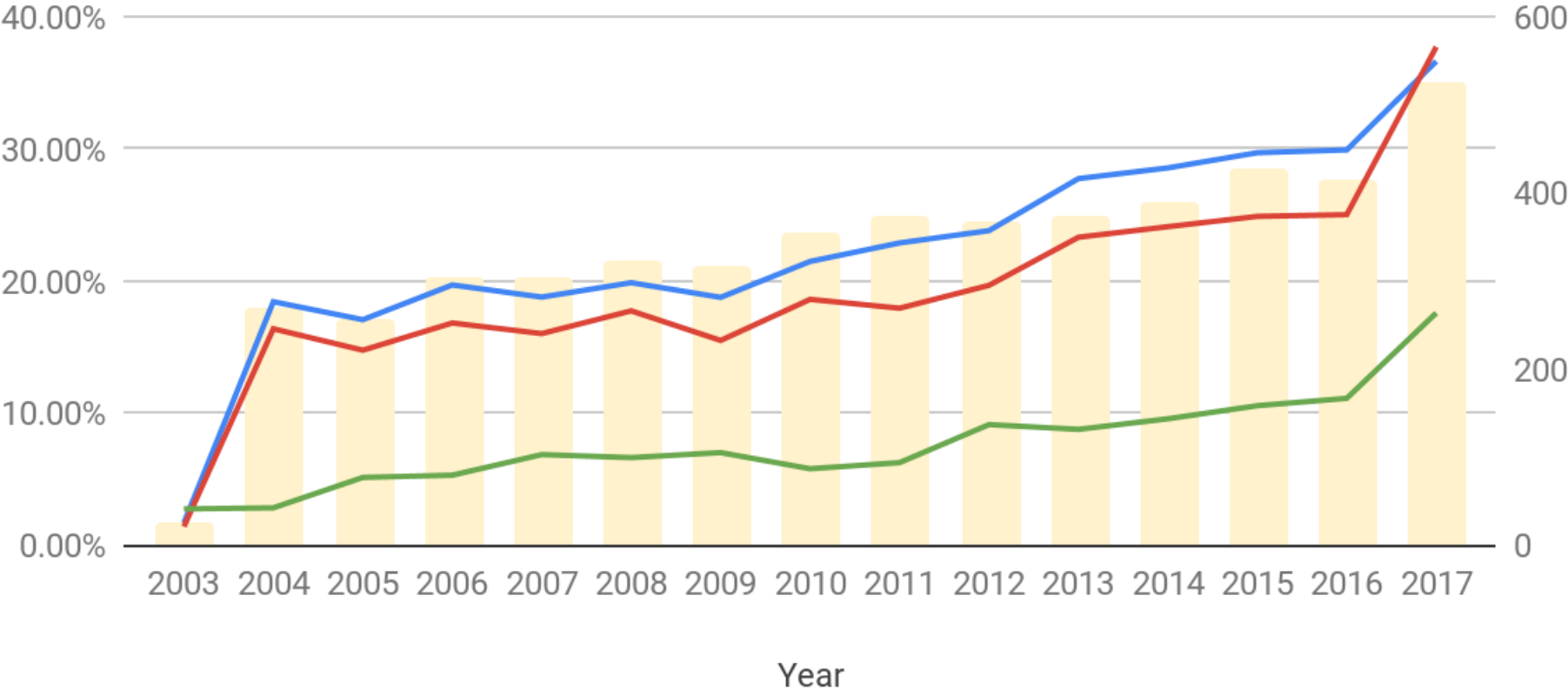
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# A Practice Unit of Family Physicians ICP



Source: National Health Insurance Administration, NHIA 2004

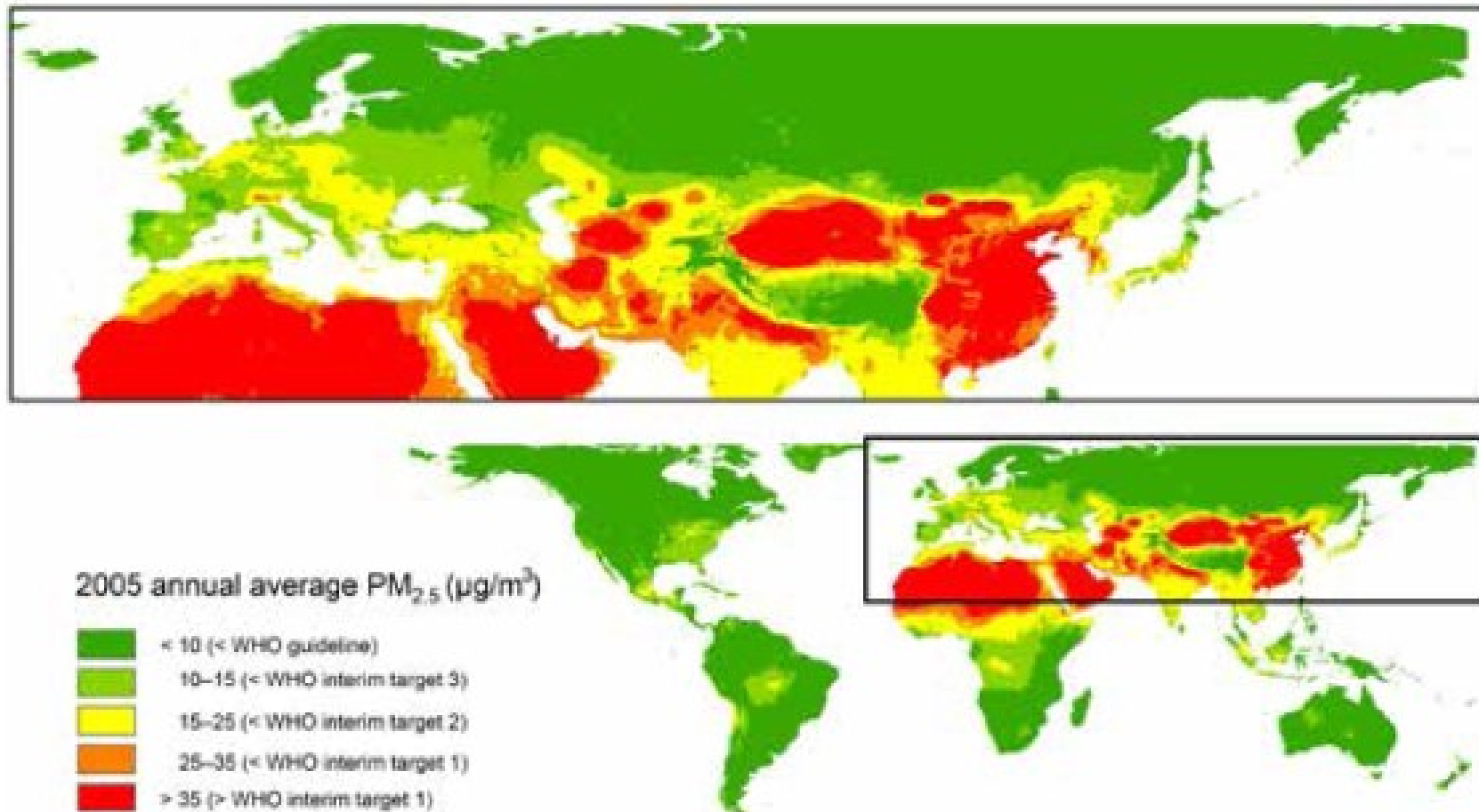
# Growth of Family Practice Integrated Care Project (2003-2017)



Number of CHCG    Percentage of total clinics (%)    Percentage of total physicians (%)  
Percentage of total NHI beneficiaries (%)

# Physicians as Air Pollution Prevention Consultants

Estimated 2005 annual average  $\text{PM}_{2.5}$  concentrations ( $\mu\text{g}/\text{m}^3$ ), presented according to the WHO AQG and interim target values





# Effects of Smoking Cessation Clinic

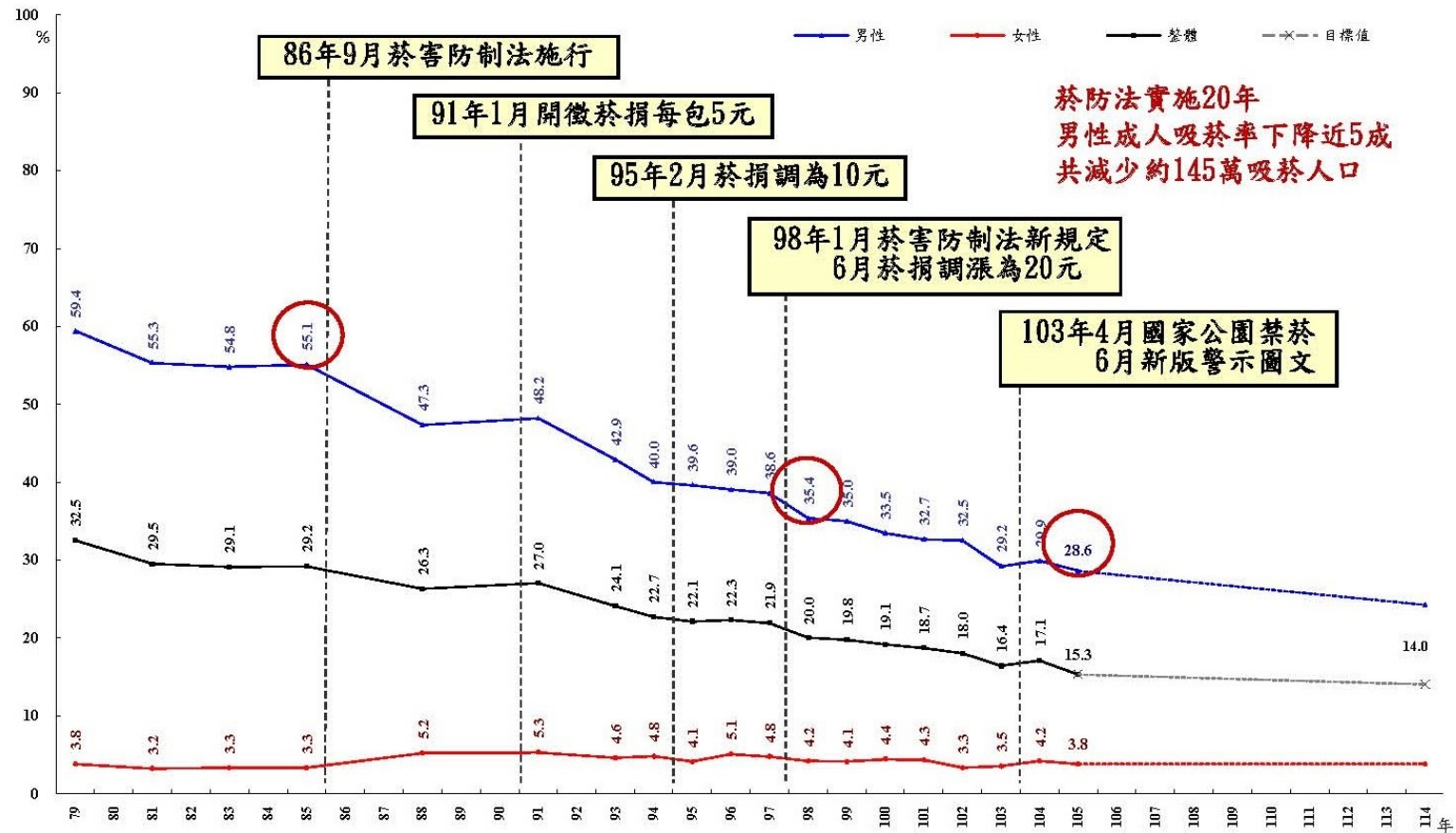


圖1 歷年 18 歲以上成人吸菸率及未來目標



# Workplace Health Services



Confederation of Medical Associations in Asia and Oceania  
**2020 CMAAO General Assembly Taipei**

35<sup>th</sup> CMAAO General Assembly and  
56<sup>th</sup> Council Meeting

**September 10~12, 2020**

Hosted by Taiwan Medical Association,  
Taipei, Taiwan





# Questions & feedback

