



# CMAAO COUNTRY REPORT HONG KONG, CHINA

The Hong Kong Medical Association

October 2022 – August 2023

# MAJOR FOCUSES IN 2022-23

## 1. Primary HealthCare

- **Chronic Disease Co-Care Pilot Scheme**

## 2. Public Education

- **Adult Immunisation Public Education Campaign**
- **Men's Health Month**

## 3. Continuing Medical Education

- **Online and Physical CME Lectures**
- **Specific CME Programmes**

## 4. Community Service

- **Elderly Health Management Programmes**



# 1. PRIMARY HEALTHCARE

## Chronic Disease Co-Care Pilot Scheme (CDCC)



- The Government announced the “**Primary Healthcare Blueprint**” last December, setting **out strategies for strengthening primary healthcare in Hong Kong**.
- In July, the Government submitted documents of “**Chronic Disease Co-Care Pilot Scheme**” (CDCC) to the Legislative Council. Under the Scheme, **health screening and diseases management** to population **at/over the age of 45 without known diabetes mellitus and/or hypertension** will be provided.



# 1. PRIMARY HEALTHCARE

## Chronic Disease Co-Care Pilot Scheme (CDCC)

- The HKMA is **positive and open about the long-term development of Primary Healthcare** in Hong Kong. The **HKMA District Health Network (DHN) launched in April 2023** and the **HKMA Support Group for the CDCC (launched in August 2023)** were specially established. By this infrastructure, there will be measures to support community doctors to take part in the Scheme.
- The HKMA Council had convened a meeting to look into the Scheme and come up with **a list of recommendations**. A **press conference was held on 19 August to make the announcement**.



The HKMA DHN Launching Ceremony in April 2023



Dr CHENG, Chi Man (left) & Dr CHAN, Pierre (right), President & Vice-President of the HKMA

## 2. PUBLIC EDUCATION

### Adult Immunisation Public Education Campaign

- The HKMA has been taking proactive steps to educate the public about the importance of immunisation. "Adult Immunisation Public Education Campaign 2023" Launching Ceremony" was held on 2 June 2023 **to recommend the six vaccines against COVID-19, influenza(flu), pneumococcal, herpes zoster, HPV, and pertussis** based on age and health condition.



The HKMA's Council Members and medical students received vaccination on the spot to promote the benefits of immunisation to the public

# 2. PUBLIC EDUCATION

## Adult Immunisation Public Education Campaign

**Core Message: "Invest in Your Health, Get Vaccinated"**

Thematic Website

<https://www.adultvax.thkma.org/>

Health promotional initiatives, such as **thematic website, educational videos with doctors explaining the diseases, CME lectures, social media posts and posters**



	18-26 歲 AGED 18-26	27-49 歲 AGED 27-49	50-64 歲 AGED 50-64	65歲或以上 AGED 65+
<b>2019冠狀病毒病 COVID-19</b>	三針 + 加強劑 3 doses + booster			
<b>季節性流感 SEASONAL FLU</b>	每年一針 1 dose annually			
<b>帶狀疱疹 HERPES ZOSTER</b>	免疫力弱人士: 二針 Persons with immunocompromising conditions: 2 doses		二針 2 doses	
<b>人乳头瘤病毒 HPV</b>	三針 3 doses		可考慮接種三針 3 doses could be considered	
<b>百日咳 PERTUSSIS</b>	孕婦: 一針成人百日咳綜合疫苗(dTap), 成人: 一針dTap後, 每十年接種減量疫苗(Td)或dTap加強劑 Pregnant women: 1 dose dTap, Adult: 1 dose dTap, then Td or dTap booster every 10 years			
<b>肺炎球菌 PNEUMOCOCCAL</b>	免疫力弱人士: 視乎疫苗接種一或二針 Persons with immunocompromising conditions: 1 or 2 doses according to vaccine types			視乎疫苗接種一或二針 1 or 2 doses according to vaccine types

衛生局資助疫苗接種計劃(適用於合資格人士)  
Subsidized by Government Vaccination Programs (for eligible persons)

\* 合資格人士包括: 65歲或以上人士, 患有慢性疾病, 或與患有慢性疾病人士同住。  
\* Eligible persons include: those aged 65 and above, those with chronic diseases, or those living with someone who has a chronic disease.



# 2. PUBLIC EDUCATION

## Adult Immunisation Public Education Campaign



Educational Videos

# 2. PUBLIC EDUCATION

## Adult Immunisation Public Education Campaign

Available options on HZ vaccines in HK

	Shingrix (Shingrix®)	Zostavax (Zostavax®)
Age	50 years of age and older	50 years of age and older
Shingles Vaccination	Shingrix (recombinant subunit vaccine)	Zostavax (live attenuated vaccine)
Contraindications	None	History of severe allergic reaction to any component of the vaccine or to gelatin
Administration	Two doses given 2-6 months apart. Second dose is required for long-term protection.	One dose given once.
Cost	Free	Free



One of CME Live Lectures

Poster





# 2. PUBLIC EDUCATION

## Men's Health Month 2022

- November is celebrated as **Men's Health Month** globally, **encourage early detection and treatment of diseases among both men and boys**. The HKMA has echoed this initiative by launching an education programme as follows:
  - Two CME lectures** on men's health
  - Event webpage** featuring information on men's health: <https://www.menshealth.thkma.org/>
  - A public talk on benign prostatic hyperplasia (BPH)** on social media for public viewing



## 2. PUBLIC EDUCATION

### Men's Health Month



Social Post



A public talk on benign prostatic hyperplasia (BPH) on YouTube



CME lecture on "Management of Erectile Dysfunction & Premature Ejaculation"



CME lecture on "Updates on Surgical Management of BPH"



# 3. CONTINUING MEDICAL EDUCATION (CME)

- The HKMA has long advocated for CME; **more than 1,700 non-specialists have registered the HKMA as their CME Administrator.**
- In 2022-23, there was **collaboration with various private hospitals.** In addition, a **Symposium cum Exhibition "Advancing Primary Healthcare with Innovation and Technology"** was jointly held by the HKMA and Hong Kong Science and Technology Parks Corporation (HKSTP) on 15 April 2023. The HKMA would roll out **more CME activities to introduce advanced healthcare technology.**



HKMA & Gleneagles Hong Kong Hospital  
CME Programme on 17 January 2023



Symposium cum Exhibition "Advancing Primary Healthcare with Innovation and Technology"  
on 15 April 2023

# 3. CONTINUING MEDICAL EDUCATION (CME)

- Besides, the Committee continued **organising online, physical and hybrid lectures** on broad strata of topics **with various medical organisations and pharmaceutical companies.**



The HKMA Medico-legal Workshop on 25 February 2023



The HKMA and the Hong Kong Society for Infectious Diseases organised the CME hybrid symposium on 4 March 2023

July 2022 – June 2023	No. of Events
No. of CME events organised by the HKMA	221
No. of CME events accredited by the HKMA	347



# 4. COMMUNITY SERVICE

## Elderly Health Management Programmes

The two community projects benefited the elderly in the community and were supported by our generous donors.

- **Community Elderly Health Academy**



- **Levelling Up COY Health**



### Outreach Ambassadors / Community Health Ambassadors

We **actively recruited volunteers** to join our **community service team**. **Regular elderly home visits and training sessions were provided**. Currently, there are **37 core members** in the volunteer team, including **doctors, medical, paramedical students, and community volunteers**, who provide constant care for the health condition of **74 elderly households among three service districts**.



Volunteer Teams  
for Elderly Home Visit





# 4. COMMUNITY SERVICE

## Elderly Health Management Programmes

### Health Resources Bank (HRB) Platform

The HRB webpage (<https://www.elderlyhealth.thkma.org/>) and YouTube channel containing health related videos were launched, the public could get the healthcare information and set out health plans.

Seven elderly health talks were held online, including elderly knee pain, benign prostate hyperplasia, etc. In March, we organised the first **Health Day** with the Hong Kong College of Orthopaedic Surgeons. Elderly suffering from orthopaedical problems got professional advice from the specialists.



HRB Webpage



HRB YouTube Channel



Online Videos: Health Talk



Health Day



# OTHER EFFORTS

## The Hong Kong Medical Association Charitable Foundation



The Charity Concert for the “Paediatric Home Respiratory Support Society” (PHRESS) was held on 16 July 2023. All the proceeds of **HK\$504,800 without deducting the costs are passed to PHRESS** to increase public awareness on the children who need home ventilation support and to improve quality of life of the families.

The **HKMA Choir and Orchestra had a great performance** with the support of the audience on that evening with typhoon signal!



# OTHER EFFORTS

- **Activities of some other committees...**



## Sports Committee

After COVID-19, our sports activities have resumed normal. Our **Golf Team** clinched the **championship of Hong Kong Recreation and Sports Club for Professional Bodies (RSCP) Tournaments!** The **HKMA Men's and Women's Volleyball teams came third** of RSCP Tournaments!

While we look forward to having these sports events, we also welcome more young doctors and medical students joining various sports teams.





# OTHER EFFORTS

- Activities of some other committees...

## HKMA Medical Students' Subcommittee, Youth Committee

### MeetMed – The HKMA Medical School Immersion Programme for Secondary School Students

HKMA has been supporting aspiring youths to have early planning for their pursuit of medical career. *MeetMed*, a two-day event, was held in August 2023, involving **50 students from different secondary schools who visited two university campuses and led by medical students**. They were engaged in introduction to the medicine curriculum, campus hunts, youth forum, etc.

After the event, the students **gained a deeper understanding of medical study, school life, and developed a growing interest in the medical field.**

### MeetMed



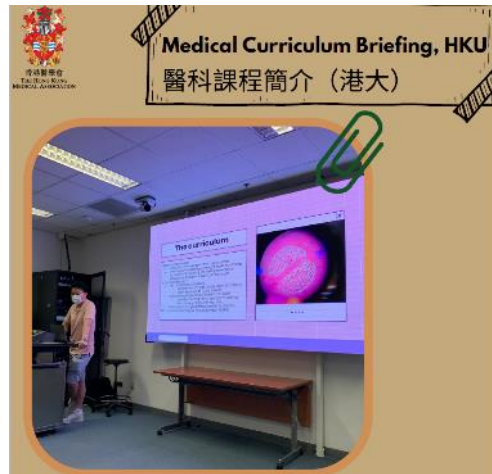
12-13 AUGUST  
2023



Campus Hunt, CUHK  
校園遊 (中大)



Clinical Skills Laboratory, HKU  
臨床技能中心 (港大)



Medical Curriculum Briefing, HKU  
醫科課程簡介 (港大)

# OTHER EFFORTS



## Two Public Hospital Doctors Charged with Manslaughter in January 2023

- The HKMA is **highly concerned** about the matter and has been liaising with relevant units for **all the necessary support to the two doctor members.**
- The HKMA will **continue to liaise with MPS** for supporting the two members. Legal representatives have been instructed to assist the two doctors.
- The HKMA Council has **spoken with public and professional leaders** about the case and will keep the dialogue open.
- The case will progress for months or even a year, it will remain our **top priority.**



THANK YOU!



香港醫學會  
THE HONG KONG  
MEDICAL ASSOCIATION