



38th CMAAO General Assembly and 59th Council Meeting

Country Report HONG KONG, CHINA

The Hong Kong Medical Association



CMA Dinner for Past Presidents on 27 February 1958

Front row at table - from L to R

Dr. A.M. Rodrigues, Dr. Arthur Woo, Sir Sik-nin Chau, Dr. P.W.C. Mao, Dr. D.J.M. Mackenzie, Prof. D. Chun, Dr. A. Bell, Dr. Wong

Standing from L to R

Dr. O U Lau, Dr. S.P. Li, Dr. F. I. Tseung, Dr. C.H. Kuan, Dr. H.C. Ho, Dr. S.W. Phoon, Dr. H. K. Pang, Dr. T. P. Wu, Dr. C.W. Lam, Dr. Graham-Cumming, Dr. T.Y. Lee, Dr. H.C. Chan, Mr. Bernacchi, Dr. S.H. Moore, Dr. K.D. Ling, Dr. R. Yang, Dr. L.Luk

History of the HKMA

- Founded in 1920
- Formerly named The Hong Kong
 Chinese Medical Association
- Renamed to The Hong Kong
 Medical Association in 1970

Mission & Vision

Safeguarding the Health of the People

- Brings together all medical practitioners practising in, and serving the people of HK
- Our mission is "Safeguarding the health of the people", promoting the welfare of the medical profession and the health of the public.
- Speaks collectively for its members and aims to keep its members abreast of medical ethics and issues around the world.

The Council



The Hong Kong Medical Association is governed by Council, members of which are all elected by all voting members from the General Membership

- Council 2024-2026:
 - President: Dr CHENG, Chi Man
 - Vice-Presidents
 Dr CHAN, Pierre,
 Dr YEUNG, Hip Wo Victor
 - Hon Secretary : Dr LING, Siu Chi Tony
 - Hon Treasurer : Dr SO, Yui Chi
 - Immediate Past President : Dr CHOI, Kin Gabriel

The HKMA Committees

Approximately 30 Committees and Task Forces assisting the Council to oversee and implement matters relating to medical professionalism, members' benefits, and public health education. Some committees are shown below:

District Health Netw

Continuing Medical Education (CME)

Committee

Health Education Committee

Task Force on Mental Health

Community Service Committee

Youth Committee

Task Force on the HKMA Medical Students Mainland Hospitals Attachment
Pilot Programme

National Affairs Committee

International Affairs Committee

Ethics Committee

Medico-Legal Support Group

Membership Services Committee

Advisory Committee on Communicable
Diseases

Committee on Organ Donation Promotion

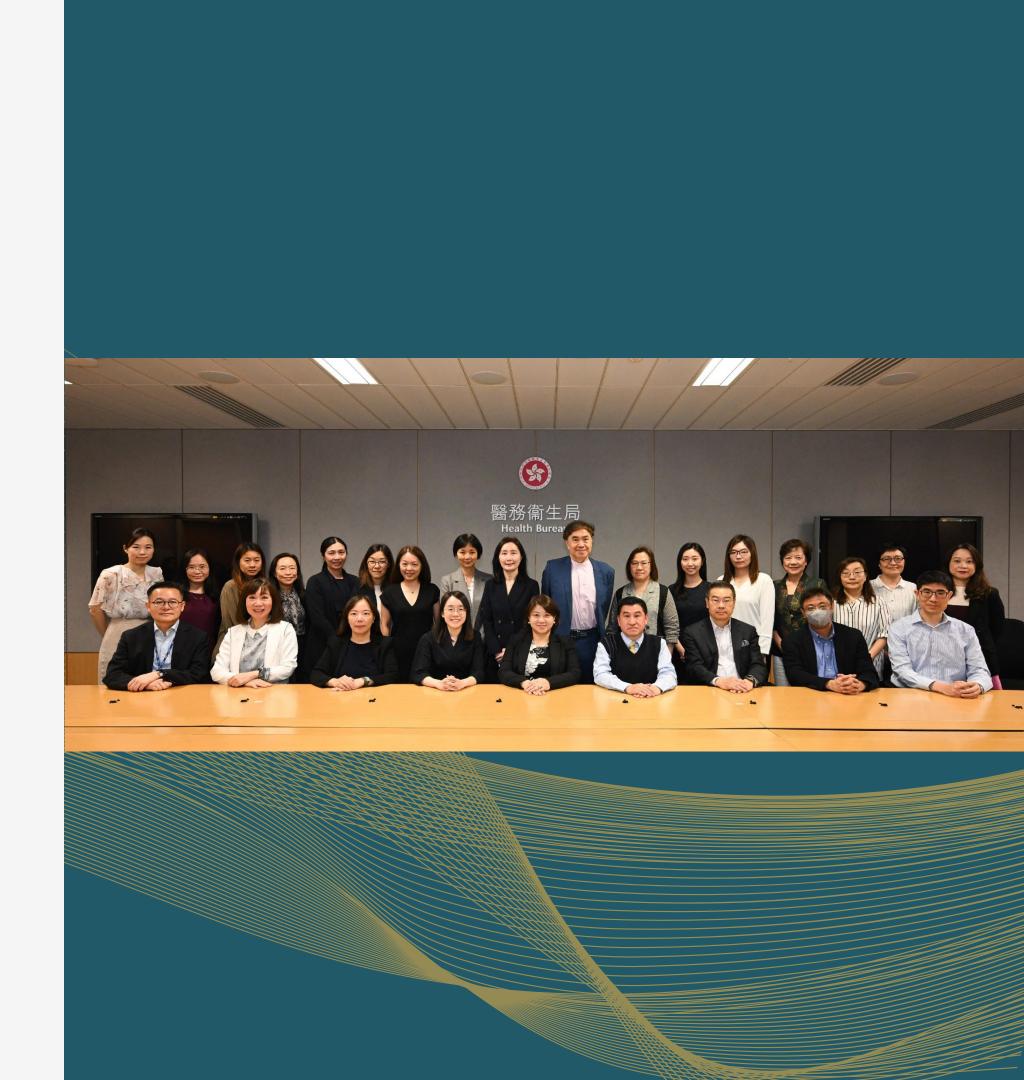
Recreational and Cultural Committee

Sports Committee

Broad Representation

As a representative of HK's medical sector, the HKMA plays a crucial role in nominating members to various medical organisations, statutory and non-statutory bodies, including the government Health Bureau, Medical Council of Hong Kong, Department of Health, professional boards and organisations.

We also extend our influence globally through membership in the World Medical Association and the Confederation of Medical Associations in Asia and Oceania.



Dimensions of our Mission

Members

Supporting Our Colleagues

Support professional development of members and student members and serve as a bridge of communication among the government, members, and the public.

Public

Safeguarding People's Health

Actively promote public health education to raise health awareness among general public. Promulgate discernment in patient care.

Membership

- Over 13,000 members from the medical community, making it the largest medical association in HK
- Constitution amended in 2023 to accept HK doctors registered through special registration as associate members
- Membership categories: Life Members, Regular Members, Associate Members, Student Members, Honorary Members



(1) Continuing Medical Education (CME)

- Organises CME lectures for non-specialists
- Recognised 3 main roles by the Medical Council of Hong Kong: CME Accreditation, CME Registration, CME Organisation
- Helps doctors to manage their CME credits and lecture attendance records
- Organises CME for the District Health Network (in 18 districts)
- In 2023, conducted 121 online lectures, 40 physical lectures, and 48 hybrid lectures
- Total no. of participation was 87,467, in average 400+ participants per session

(1) Continuing Medical Education – Partners

- Public hospitals
- Hong Kong Sanatorium & Hospital
- Gleneagles Hospital Hong Kong
- CUHK Medical Centre
- Universities
- Hong Kong Science and Technology Parks
- Pharmaceutical companies









(2) Member Activities

Throughout the year, the HKMA has been organising a wide variety of sports activities, tournaments, and
joint professional competitions.



(2) Member Activities

• The HKMA regularly organises various musical art events to promote members' musical interests.



Public

Safeguarding People's Health

 Actively promote public health education to raise health awareness among the general public. Promulgate discernment in patient care.

- (3) Primary Healthcare
- The HKMA District Health Network
- Established on 20 April 2023
- Connects with 18 District Health Centres and 7 Hospital Authority clusters
- Supports members to participate in government primary healthcare projects across 18 administration districts in HK
- Supports members in adapting to policy changes
- Conducts relevant continuing medical education activities



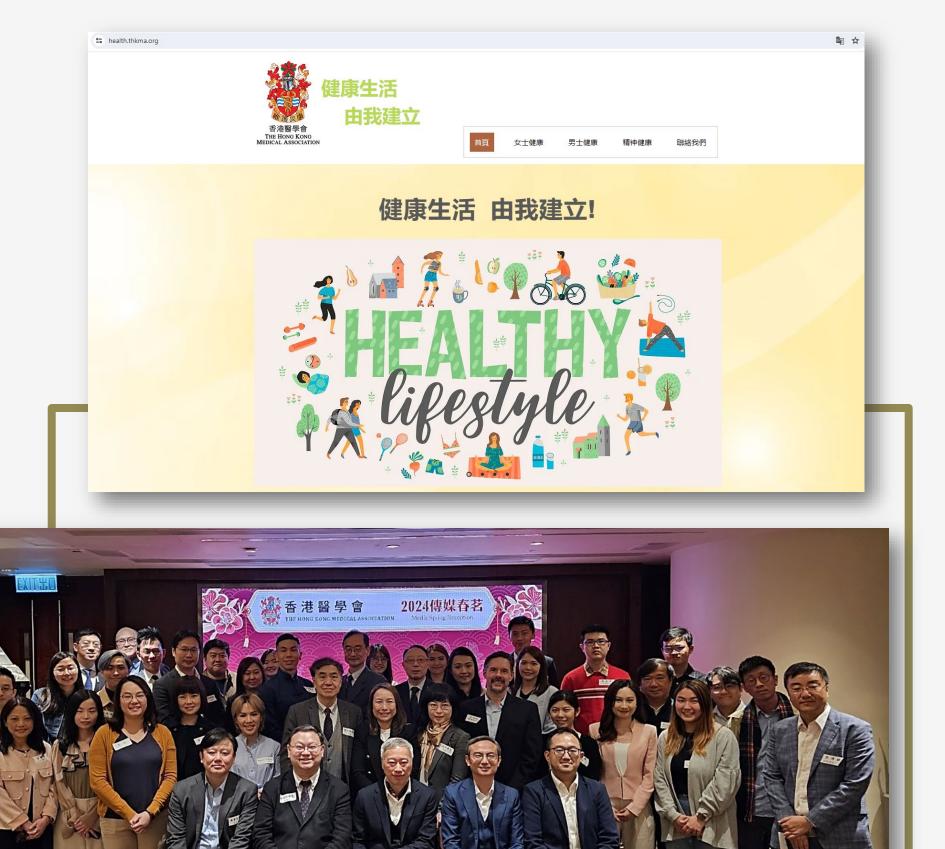


(4) Public Health Education

- Women's Health (March)
- Men's Health (June)
- Adult Immunisation Campaign (July)
- Mental Health (October)
- TV, Radio, News
- The HKMA Social Media Platforms







(4) Public Health Education

健康Easy 港乳癌最年輕患者僅20多歲!香港醫學會:肚漲或是卵巢癌徵狀

性的兩倍以上。女性癌症年輕化趨勢不容忽視,有見及此,香港醫學會於 YouTube頻道上載了2條公眾健康教育影片,其中1條探討5大常見女性癌症, 呼籲各界關注和討論女士健康問題。



香港醫學會今年將3月定為「女士健康用」,以「女士健康第一步,由自我愛難開始!」為口號,倡導女性積極管理 個人健康,培養女性內在力量,讓她們綻放女袖的光芒。









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額外抗生素療程

抗生素療程,並不是一個固定的時段。醫治不同疾病,有不同長短的療程。不同 抗生素,即使醫治同一種病,也可以有不同時段的療程。

完成療程的目的,是殺減目標細菌,而又不過長時間使用抗生素。療程的長短, 由大型臨牀研究決定。不少政府或醫療組織,也會於指引中列明。

英國最近有一項研究,探討醫生於醫治呼吸道感染時有否跟從指引,和當中的原

研究員分析 2018 年至 2022 年當地 530 名家庭醫生醫治呼吸道感染病人時,有否 處方多於一次療程的抗生素。

結果顯示,90多萬項多於一次療程的處方,整體重複處方率為12.7%。其中,兒 童病人中,上呼吸道感染佔89.9%。成人病人中,上呼吸道感染佔48.6%。

研究員並沒有指這些重複處方是否恰當。我相信當中有些是因為病情較嚴重或病 况反覆。不過,研究員提醒,呼吸道感染的病徵,例如咳嗽等,往往比抗生素療 程的時間持續更久,但這些情况,並不需要延長抗生素使用時間。

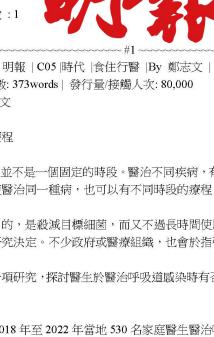
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人類乳頭瘤病毒









(5) Safeguarding People's Health

- Elderly Health Management Programmes
- Launched "Boardgame Training for Elderly with Dementia" in March 2024

(5) Safeguarding People's Health



Received the "Outstanding Volunteer Group" award from the "Hong Kong Volunteer Awards 2023" in Jan 2024



(6) Developing Talent

- The HKMA endeavours to walk with the young generation through setting up the Youth Committee and Medical Students Subcommittee, regularly engaging with young doctors and medical students to understand their academic and career challenges
- Organises annual events for young doctors, medical students, and potential medical school applicants including the "Career Seminar" and "MeetMed"
- Launched the "Medical Students Mainland Hospitals Attachment Pilot Programme" in June, to cultivate medical talent, and broaden medical students' horizons





(7) National Affairs & International Affairs



- As a member of the WMA and CMAAO, the HKMA liaises with international medical organisations to exchange opinions, experiences, and professional topics
- The Hong Kong Medical Association has partnered with medical institutions in promoting medicine through research and professional development programmes















Thank You