



香港醫學會
THE HONG KONG
MEDICAL ASSOCIATION



39th CMAAO General Assembly and 60th Council Meeting

Country Report HONG KONG, CHINA

The Hong Kong Medical Association



History of the HKMA

- Founded in 1920
- Formerly named **The Hong Kong Chinese Medical Association**
- Renamed to **The Hong Kong Medical Association** in 1970



The Hong Kong Chinese Medical Association
Dinner for Past Presidents In 1958



Mission & Vision



Safeguarding the Health of the People

- Bring together all medical practitioners practising in, and serving the people of Hong Kong
- Our mission is “Safeguarding the health of the people,” promoting the welfare of the medical profession and the health of the public
- Speak collectively for its members and aim to keep its members abreast of medical ethics and issues around the world



The Council



The HKMA is governed by Council, members of which are all elected by all voting members from the General Membership

- Council 2024-2026 :
 - President : Dr CHENG, Chi Man
 - Vice-Presidents :
Dr CHAN, Pierre,
Dr YEUNG, Hip Wo Victor
 - Hon Secretary : Dr LING, Siu Chi Tony
 - Hon Treasurer : Dr SO, Yui Chi
 - Immediate Past President : Dr CHOI, Kin Gabriel



The HKMA Committees



Approximately 30 Committees and Task Forces assisting the Council to oversee and implement matters relating to medical professionalism, members' benefits, and public health education. Some committees are shown below:

Medico-Legal Support Group

Continuing Medical Education (CME)
Committee

District Health Network

Task Force on Mental Health

Health Education Committee

International Affairs Committee

Task Force on the HKMA Medical Students Mainland Hospitals
Attachment Pilot Programme

National Affairs Committee

Community Service Committee

Ethics Committee

Youth Committee

Membership Services Committee

Advisory Committee on Communicable
Diseases

Committee on Organ Donation
Promotion

Recreational and Cultural
Committee

Sports Committee

Broad Representation



As a representative of Hong Kong's medical sector, the HKMA plays a crucial role in nominating members to various medical organisations, statutory and non-statutory bodies, including the government Health Bureau, Medical Council of Hong Kong, Department of Health, professional boards and organisations.

We also extend our influence globally through membership in the World Medical Association and the Confederation of Medical Associations in Asia and Oceania.



Two Major Dimensions of our Mission



Members

Supporting Our Colleagues

Support professional development of members and student members and serve as a bridge of communication among the government, members, and the public.

Public

Safeguarding People's Health

Actively promote public health education to raise health awareness among general public.

Promulgate discernment in patient care.



Dimension 1: Supporting Our Colleagues

Members

Supporting Our Colleagues

Support professional development of members and student members and serve as a bridge of communication among the government, members, and the public.

- Over 13,000 members from the medical community, making it the largest medical association in HK
- Constitution amended in 2023 to accept HK doctors registered through special registration as associate members
- Membership categories: Life Members, Regular Members, Associate Members, Student Members, Honorary Members

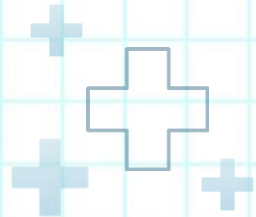


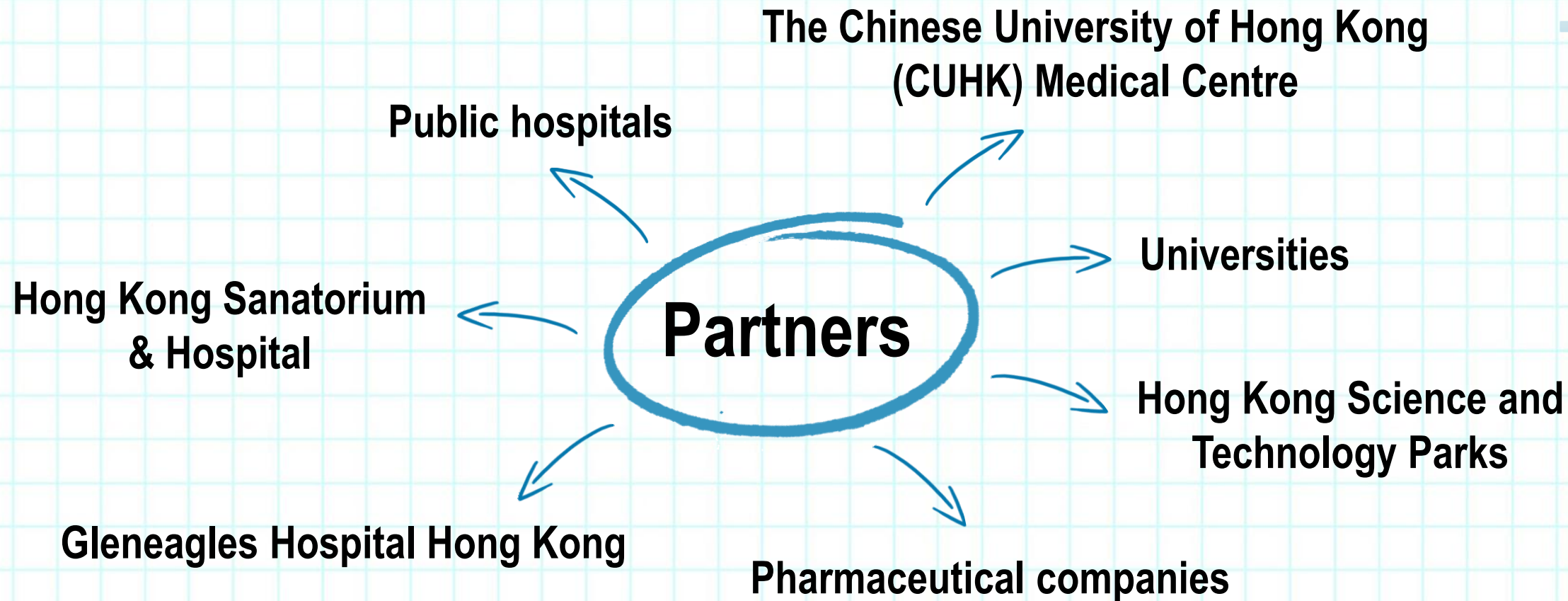
Key Development

Continuing Medical Education (CME)



- Organise CME lectures for non-specialists
- Recognised 3 main roles by the Medical Council of Hong Kong: CME Accreditation, CME Registration, CME Organisation
- Help doctors manage their CME credits and lecture attendance records
- Organise CME for the District Health Network (in 18 districts)
- Conducted 77 online lectures, 37 physical lectures, and 44 hybrid lectures from June 2024 to May 2025
- Online lectures attracted an average of 500 participants per session





Member Activities

Throughout the year, the HKMA has been organising a wide variety of sports activities, tournaments, and joint professional competitions



The HKMA Dragon Boat Fun Day 2025



Recreational and Sports Club for Hong Kong Professional Bodies (RSCP) Golf Tournament 2025

The HKMA regularly organises various musical art events to promote members' musical interests



The HKMA Choir performed at the Charity Concert



Summer Concert organised by the HKMA Orchestra


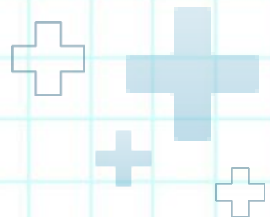
The HKMA Recreational and Cultural Committee organises various leisure activities to enhance the well-being of members



The HKMA Singing Competition 2025



Beef Wellington Cooking Class



Dimension 2: Safeguarding People's Health

- Safeguarding People's Health
- Actively promote public health education to raise health awareness among the general public.
- Promulgate discernment in patient care.

Public

Safeguarding People's Health

Actively promote public health education to raise health awareness among general public.

Promulgate discernment in patient care.



Key Development

Primary Healthcare – The HKMA District Health Network



- Established on 20 April 2023
- Connect with 18 District Health Centres and 7 Hospital Authority clusters
- Support members to participate in government primary healthcare projects across 18 administration districts in HK
- Support members in adapting to policy changes
- Conduct relevant continuing medical education activities

The HKMA forms partnership with different Hospital Authority Clusters:



The HKMA - Kowloon West Cluster CONNECT Hospital-to-Community Cancer Survivor Programme Launching Ceremony cum CME Lecture



The HKMA - Hong Kong West Cluster Community Partnership Sharing Forum

Public Health Education

The HKMA places great emphasis on health education as a means to enhance public well-being. The Health Education Committee actively designs and promotes educational activities structured around pressing public health topics and maximises social media platforms — such as Instagram, Facebook and YouTube.

- Women's Health Month
- Men's Health Week
- Educational video on Men's Health



健康Easy 港乳癌最年輕患者僅20多歲！香港醫學會：肚漲或是卵巢癌徵狀

性的兩倍以上。女性癌症年輕化趨勢不容忽視，有見及此，香港醫學會於 YouTube 頻道上載了2條公眾健康教育影片，其中1條探討5大常見女性癌症，呼籲各界關注和討論女士健康問題。



香港醫學會今年將3月定為「女士健康月」，以「女士健康第一步，由自我愛護開始！」為口號，倡導女性積極管理個人健康，培養女性內在力量，讓她們綻放女神的光芒。

Public Health Education

The HKMA continues partnering with RTHK and the Consumer Council to introduce medical knowledge to the public through TV programmes and magazines.



Press Conference



TV programmes on healthcare information



明報

下載文章總數: 1

| 2024-03-20 | 明報 | C05 時代 | 食住行醫 | By 鄭志文 | 報章 | 字數: 373words | 發行人: 梁繼平 | 閱者: 80,000

關鍵字: 鄭志文

額外抗生素療程

抗生素療程，並不是一個固定的時段，醫治不同疾病，有不同長短的療程，不同抗生素，即使醫治同一種病，也可以有不同時段的療程。

完成療程的目的，是殺滅目標細菌，而又不過長時間使用抗生素。療程的長短，由大型臨床研究決定。不少政府或醫療組織，也會於指引中列明。

英國最近有一項研究，探討醫生於醫治呼吸道感染時有否跟從指引，和當中的原因。

研究員分析 2018 年至 2022 年當地 530 名家庭醫生醫治呼吸道感染病人時，有否處方多於一次療程的抗生素。

結果顯示，90 多萬項多於一次療程的處方，整體重複處方率為 12.7%。其中，兒童病人中，上呼吸道感染佔 89.9%，成人病人中，上呼吸道感染佔 48.6%。

研究員並沒有指這些重複處方是否恰當。我相信當中有些是因為病情較嚴重或情況反覆。不過，研究員提醒，呼吸道的病菌，例如咳嗽等，往往比抗生素療程的時間持續更久，但不需要延長抗生素使用時間。

鄭志文 周日至三見報

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Health articles published in Consumer Council's "CHOICE" magazines and newspapers

Safeguarding People's Health: Serve the Elderly



Community Service Committee 10th Anniversary Celebration - "Safeguarding Community Health with Love" Exhibition



Health consultation with the elderly conducted by Volunteer Doctors



Elderly health talk on "Diabetes Care" given by Dr LEE, Fook Kay



Boardgame Training Programme for Elderly with Dementia

The HKMA endeavours to inspire the future generation to care for the elderly through engaging in community service programmes

Developing Talent



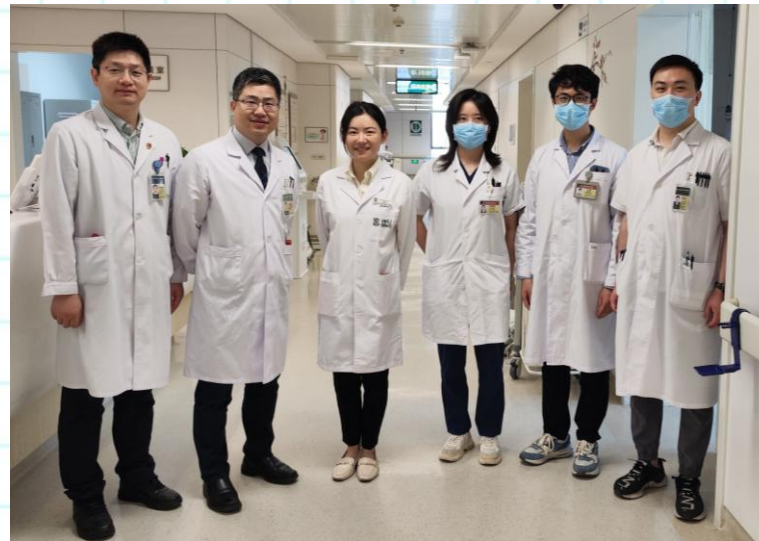
- The HKMA set up the Youth Committee and Medical Students Subcommittee to regularly engage with young doctors and medical students to understand their academic and career challenges by organising annual events such as the “Career Seminar” and “MeetMed”
- The HKMA also supports the HKSAR Government’s Programme “Strive and Rise” to nurture talents and facilitate their early career planning



The HKMA has launched the “Medical Students Mainland Hospitals Attachment Programme” to cultivate medical talent, and broaden medical students’ horizons



MoU signing with United Family Healthcare



Student placement at the Peking Union Medical College Hospital



Medical student participated in surgery observation

International Affairs



- As a member of the WMA and CMAAO, the HKMA liaises with international medical organisations to exchange opinions, experiences, and professional topics
- The HKMA has partnered with medical institutions in promoting medicine through research and professional development programmes



Council Member of the HKMA attended the WMA General Assembly



Dr CHAN, Yee Shing with Dr Lujain ALQODMANI, Immediate Past President of WMA at the WMA General Assembly 2023



Group photo of all delegates at the WMA General Assembly 2024

The HKMA Council Member attended the 38th General Assembly of CMAAO



Dr CHAN, Yee Shing signing the CMAAO Manila Declaration on Strengthening the Role of Women in the Healthcare Workforce



Dr CHAN, Yee Shing and Dr Hidehito IMAMURA, former CMAAO Secretary General

The HKMA reinforces collaboration with the Malaysian Medical Association



Dr LING, Siu Chi Tony with Datuk Dr Kalwinder Singh Khaira, President of the Malaysian Medical Association



Group photo taken at the Malaysian Medical Association

The HKMA strives to strengthen ties with other medical associations and institutions in other regions to foster connections with medical colleagues worldwide, as well as providing opportunities for medical students to broaden their horizons



The HKMA's visit to Singapore

National Affairs

The HKMA also actively fosters collaboration with medical institutions in China



Delegation of the HKMA to Hangzhou, China in May 2025

Dr CHENG, Chi Man, President of the HKMA, gave a speech at the Chinese Medical Association's event in Sep 2024

Thank You



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